

PUBLIC ASSISTANCE PROGRAMS

- ◆ Food stamps
- ◆ Medicaid Program
- ◆ Health care services
- ◆ Supplemental Security Payments

RECREATION/LEISURE

- ◆ Camping, hunting, fishing
- ◆ Parks and recreation
- ◆ Senior Olympics

RETIREMENT BENEFITS PROGRAMS

- ◆ Retired teachers
- ◆ State employees

VETERANS' PROGRAMS

- ◆ Homes, healthcare, benefits

VOLUNTEERISM

- ◆ American Association of Retired Persons (AARP)
- ◆ Intergenerational programs
- ◆ Retired and Senior Volunteer Program (RSVP)
- ◆ Long Term Care Ombudsman Program

Illinois Department on Aging
421 East Capitol Avenue, #100
Springfield, IL 62701-1789
www.state.il.us/aging/

The Illinois Department on Aging does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with appropriate State and Federal statutes. If you feel you have been discriminated against, call the Senior HelpLine at 1-800-252-8966 (Voice & TTY).

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Springfield, Illinois 62701-1789

Speakers Bureau



A special service
providing speakers for
public/private sector
meetings and events

on topics
of interest to
an aging society

Coordinated by

Illinois Department
on **Aging**

Governor Rod R. Blagojevich
Director Charles D. Johnson

AGING (General)

- ◆ Overview of services available for older adults
- ◆ Demographic profile of the elderly
- ◆ Adult day service, a service that can help meet the needs of older people and their caregivers
- ◆ Gatekeeper and Youth Gatekeeper Programs (telephone referral assistance for the frail elderly involving customer contact employees and concerned citizens)
- ◆ Grandparents raising grandchildren
- ◆ Older women's issues / older men's issues
- ◆ Retirement
- ◆ Family caregiving issues

DISASTER PLANNING

- ◆ Weather / disaster preparedness

EDUCATION

- ◆ Adult education
- ◆ Elderhostel, an academic program combining learning with travel
- ◆ Rules of the Road review courses/defensive driving

EMPLOYMENT

- ◆ Older workers -- Senior Community Service Employment Program

HEALTH

- ◆ Alcohol and substance abuse prevention
- ◆ Hospice care
- ◆ Mental health programs and services
- ◆ Nutrition
- ◆ Physical fitness for older adults
- ◆ Prescription and generic drugs
- ◆ Special services and devices for the disabled
- ◆ Understanding the aging process
- ◆ Prevention / disease topics

Topics:

HOUSING

- ◆ Housing options

INCOME BENEFITS / ASSISTANCE

- ◆ Circuit Breaker/Pharmaceutical Assistance, property taxes, deferred taxes, exemptions
- ◆ Low Income Home Energy Assistance Plan (LIHEAP), home weatherization, energy assistance
- ◆ Social Security

INSURANCE

- ◆ Consumer issues

- ◆ Long Term Care Insurance
- ◆ Medicare
- ◆ Senior Health Insurance Program (SHIP)

LEGAL ISSUES / CRIMES / ABUSE

- ◆ Advance Directives:
 - Living Wills
 - Powers of Attorney
- ◆ Elder abuse, neglect and financial exploitation; older battered women
- ◆ Legal programs/victim assistance
- ◆ Property and personal protection
- ◆ Protection from consumer and health care fraud

LONG TERM CARE

- ◆ Nursing Homes
 - Ombudsman Program
 - Regulations, inspections, general information
- ◆ Overview of long term care options, including the Illinois Department on Aging's Community Care and Choices for Care Programs

(Topics continued on back...)

HOW TO USE THE SPEAKERS BUREAU:

This special service is available to groups in both the public and private sectors that can guarantee at least 25 attendees for presentations.

Phone in your request to the Illinois Department on Aging's Senior HelpLine, 1-800-252-8966 (Voice & TTY), or call 217/785-3390.

We will contact the appropriate agency to make arrangements. If a topic of particular interest to your group is not listed, please let us know and we'll do our best to accommodate your needs.